



Pre Christmas Specialist Clinics

October - December



Date	Time	Clinic	Age	Cost		Venue
2 nd October	12.00-3.00pm	Batting Clinic 1 – Playing Spin	10-14	£25	£45 for both sessions	Chellaston School
9 th October	12.00-3.00pm	Batting Clinic 2 – Playing Pace & Building an Innings	10-14	£25		Chellaston School
29 th October	12.00-2.00pm	Spin Bowling Clinic 1	10-14	£17	£30 for both Sessions	Chellaston School
11 th December	12.00-2.00pm	Spin Bowling Clinic 2	10-14	£17		Chellaston School
29 th October	12.00-2.00pm	Wicket Keeping Clinic 1	10-14	£17	£30 for both Sessions	Chellaston School
11 th December	12.00-2.00pm	Wicket Keeping Clinic 2	10-14	£17		Chellaston School
29 th October	2.00-4.00pm	Pace Bowling 1	10-14	£17	£30 for both Sessions	Chellaston School
11 th December	2.00-4.00pm	Pace Bowling 2	10-14	£17		Chellaston School

The Batting Clinics

Playing Spin – Develop your batting technique against Spin bowling. You will cover various areas such as using the crease, hitting with the spin, hitting over the top and Sweeping.

Playing Pace & Building an innings – Develop your batting technique against pace. You will cover areas such as playing the short ball, playing the swinging ball and decision making.

You will work in the classroom looking at ways to build an innings and different techniques to help.

The Bowling Clinics

You will work on run ups, strengthening work, bowling from base, target bowling and variation bowling.

You will be equipped with new ideas and ways to develop your bowling.

The Wicket Keeping Clinics

Develop your existing wicket keeping skills through various drills. You will cover basic set up stood up/stood back, Footwork, Diving, Positioning and Strengthening exercises.

To apply for a clinic please print and complete the application form and return to the Derbyshire Cricket Board along with a cheque for the required amount.

For any information regarding the clinics please contact Richard Wood on 07841759315 or email richard.wood@derbyshireccc.com