



February Half Term DCB Coaching Course

13th – 17th February 2012

9.00am – 11.30am (Age 8-11)

12.30pm – 3.00pm (Age 12-15)

Cost £35

Venue – Chellaston School

What to expect from the Week?????

The week will be made up of group coaching focusing on all areas of the game. You will have the chance each morning to develop your technique and then put it into practice during fun games and competitions in the afternoons.

Over the 5 days you will cover the following;

- Fielding Drills (Ground work, Catching, Diving, Fielding on the 1 and in the deep)
- Batting, Bowling & Wicket Keeping drills
- Games and Competitions
- Net sessions (Only for the Older Age Group)

To apply for the course please complete the application form and return to Richard Wood at the Derbyshire Cricket Board

www.dcbcricket.com